Students: What to do if you are feeling ill.

Royal Roads UNIVERSITY

If you have symptoms of COVID-19

Living on Campus-Self-isolate in Residence room and contact the CARE Team.
The CARE Team will liaise with services on campus to support your self-isolation.
Living off campus-Self-isolate and DO NOT ENTER CAMPUS.

If you will miss class, report your absence to your instructor, complete a self-declaration form, located on the Prevent Spread page.

Conduct a self assesment, or consult a physician or call 8-1-1 to determine if a test is needed

TEST REQUIRED

IF YOU TEST POSITIVE FOR COVID-19:

- Seek medical attention as needed
- Self-isolate or quarantine as directed by your health care provider or public health resources .
- If you have any questions or concerns, contact the CARE Team

Return to studies when your symptoms resolve. If you require an extension for medical reasons, or a medical leave of absence, contact Accessibility Services for assistance.

NO TEST REQUIRED

TESTING IS STRONGLY RECOMMENDED for those with symptoms of COVID-19. If you choose not to get a test, self-isolate until you feel better. Review public health resources for how to self isolate. Rapid tests are available free of charge through participating pharmacies.