

STEP 3: COVID-19 CAMPUS PROTOCOLS

By following campus rules, you contribute to the health and safety of our community.

MANDATORY DAILY SCREENING

- **Everyone MUST assess themselves daily** for COVID-19 symptoms prior to arriving on campus
 - Access the BC COVID-19 Self-Assessment tool at www.thrive.health/bc-self-assessment-tool
- **Do not visit campus if:**
 - You are experiencing any COVID-19 symptoms*.
 - You have been advised by Public Health to self-isolate.
 - You have returned from travel outside of Canada within the last 14 days, and have been advised to self-isolate.
- **If you are unsure about your symptoms or requirements to isolate, call 8-1-1.**

**The most common symptoms of COVID-19 include: fever, chills, cough or worsening of chronic cough, shortness of breath, sore throat, runny nose, loss of sense of smell or taste, headache, fatigue, diarrhea, loss of appetite, nausea and vomiting, and muscle aches.*

We encourage vaccines. To book a vaccine contact: www2.gov.bc.ca/gov/content/covid-19/vaccine/register

If you are a student, staff, faculty, associate faculty or contractor who will be on campus and is not fully vaccinated, or you choose not to disclose your status, you will need to take part in weekly COVID-19 rapid testing.

[How to participate in rapid COVID-19 testing](#)

PRACTICE GOOD PERSONAL HYGIENE, FOR YOURSELF AND OTHERS

- **Wash hands frequently.** If hand washing is not an option, use an alcohol-based hand sanitizer.
- **Avoid touching your face,** especially eyes, nose or mouth.
- **Cough/sneeze into elbow or sleeve;** immediately dispose of tissues and wash hands.
- **Stay home if you are sick** and avoid contact with people who are sick.

RESPECT PROTOCOLS



Masks – Mandatory in all indoor public spaces



Careful social contact



If sick, stay home and use the BC COVID-19 self-assessment tool or call 8-1-1 to see if a test is needed

Please report any concerns to human.resources@royalroads.ca or care@royalroads.ca

Visit our COVID-19 page for more information and resources: royalroads.ca/news-events/covid-19