

STEP 3: COVID-19 CAMPUS PROTOCOLS

July 1 to September 7, 2021

By following campus rules, you contribute to the health and safety of our community.

MANDATORY DAILY SCREENING

- **Everyone MUST assess themselves daily** for COVID-19 symptoms prior to arriving on campus
 - Access the BC COVID-19 Self-Assessment tool at www.thrive.health/bc-self-assessment-tool
- **Do not visit campus if:**
 - You are experiencing any COVID-19 symptoms*.
 - Live in the same household as a confirmed or presumptive COVID-19.
 - Have returned from travel outside of Canada within the last 14 days.
- **If you are unsure about your symptoms or requirements to isolate, call 8-1-1.**

**The most common symptoms of COVID-19 include: fever, chills, cough or worsening of chronic cough, shortness of breath, sore throat, runny nose, loss of sense of smell or taste, headache, fatigue, diarrhea, loss of appetite, nausea and vomiting, and muscle aches.*

We encourage vaccines. To book a vaccine contact: www2.gov.bc.ca/gov/content/covid-19/vaccine/register

PRACTICE GOOD PERSONAL HYGIENE, FOR YOURSELF AND OTHERS

- **Wash hands frequently.** If hand washing is not an option, use an alcohol-based hand sanitizer.
- **Avoid touching your face,** especially eyes, nose or mouth.
- **Cough/sneeze into elbow or sleeve;** immediately dispose of tissues and wash hands.
- **Stay home if you are sick** and avoid contact with people who are sick.

RESPECT PROTOCOLS



Masks – Recommended

We encourage everyone to respect those people who decide to continue wearing masks, based on their personal situation. An easy way to make this transition less problematic for all is to ask your work colleagues what their comfort level is around mask wearing and personal space. By showing respect for their choices, you show respect for your colleague. We encourage you all to recognize that everyone has the right to decide what's best for their situation.



Careful social contact



If sick, stay home and get tested

Please report any concerns to human.resources@royalroads.ca or care@royalroads.ca

Visit our COVID-19 page for more information and resources: royalroads.ca/news-events/covid-19