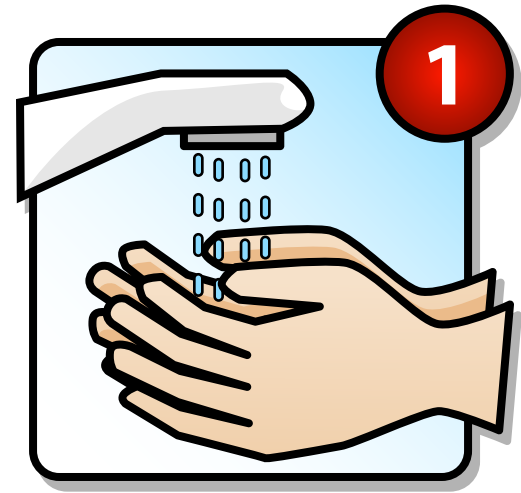
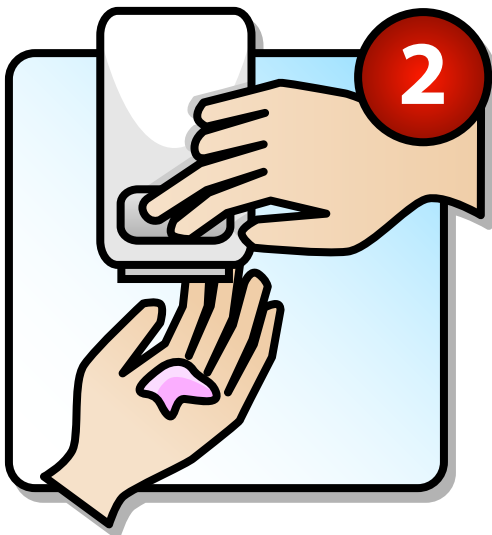


DISEASE PREVENTION

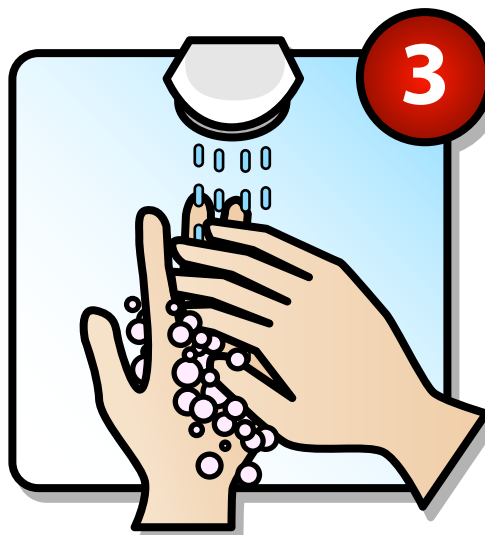
It's in Your Hands



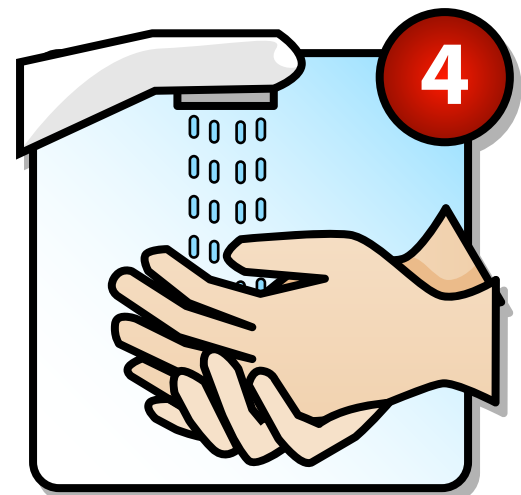
Remove jewellery. Turn on water to a comfortable temperature and moisten hands and wrists.



Apply a generous portion of liquid soap.



Generate a heavy lather and wash well for approx. 20 seconds. Clean between fingers, nail beds, under fingernails and backs of hands.



Rinse well under running water for approx. 10 seconds. Keep hands low in sink to prevent splashing.



Hold hands so water flows from wrists to fingertips.



Dry hands completely with a clean paper towel.



Use the paper towel to turn off the faucet so your hands remain clean.